

## Cost Estimate on Gerson Therapy

This document is designed to estimate the cost for a patient on the full Gerson Therapy protocol. This protocol is outlined on pages 196-197 of *Healing the Gerson Way*. The price estimate for the produce for one month is a calculation based on 17-20 pounds of food a day. Supplement<sup>1</sup> dosages will be adjusted depending upon response to the therapy, and such changes may increase or decrease the cost over time.

On page 15 in the *Gerson Therapy Handbook*, there is a grocery list for a week. It is recommended to make a copy of page 15, and write on each line the cost per pound of produce, in order to find your cost estimate.

- **2-week clinic stay:** \$11,000 (travel expenses not included)
- **Juicer:**
  - Norwalk Juicer - \$2400 new
  - Champion and Hydraulic Press - \$600
  - Juice cloths (4 pack) - \$15 or refer to the *Products & Resources List* for cloth fabric at \$20/yard (fabric lasts 3-4 months)
- **Organic produce for *one month*** – (full protocol 600 lbs) \$750-1200
- **Organic Coffee** - (5 lbs) - \$38.50 + shipping (from Café Mam)
- **Clay** - \$11/lb
- **Castor Oil** - \$15/pint
- **Distiller** - \$500 or **RO Unit** - \$300-500
- **Chamomile Tea** - \$18/lb.
- **Peppermint Tea** - \$15/lb.

<sup>1</sup> Approximate Cost of Supplements for 3 Months – Est. \$1000

(We recommend purchasing a second refrigerator due to the large amounts of produce Gerson patients need to consume and store)