# Heuristic Evaluation of Easy Trainer App

# No collaborators.

Here are 17 comments (in order from most important to least) that will hopefully enable improvement of Easy Trainer with respect to the application's usability.

MajorIt is unclear what the function of the buttons on the application's<br/>home page (see below) is. Will clicking the "Kobe Bryant" button just<br/>show the user his profile? His career progress? His personal life<br/>information? This hinders the *visibility* of the application's<br/>functionality since users do not know what to expect from the buttons<br/>and thus they do not know what to do with the buttons/how they can<br/>use the buttons.



Major

It is unclear what the function of the drop-down menu on the application's home page (see below) is. Will selecting "Kobe Bryant" just show the user his profile? His career progress? His personal life information? This hinders the *visibility* of the application's functionality since users do not know what to expect from the menu and thus they do not know what to do with the menu/how they can use the menu.



MajorIn the exercise listings in the "Current Program" widget on an athlete's<br/>page (see below), it is not obvious to the user that clicking on a<br/>particular 'set x rep' button allows the user to modify the number of<br/>sets/reps of that exercise. Fixing this enhances application visibility<br/>since adjusting exercise sets/reps is a crucial aspect of Easy Trainer's<br/>functionality and the application must be able to show that it offers<br/>the user that functionality.

Lunges 3 x 15
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**Minor** Even if the intent of the drop-down menu on the application's home page (see below) were clear, since a drop-down menu typically doesn't have the *affordance* of taking the user to a new page when an item from said menu is selected, the drop-down menu on the home page has relatively *invisible* functionality. Users don't expect that selecting an athlete in said drop-down menu will take them to the selected athlete's page.

EASY TRAMER
John Wenzel
Kobe Bryant
John Wenzel
Michael Jordan
Carmelo Anthony

MinorIn the "Create a New Athlete" form, the 'Injury Date' field (see below)<br/>is a text input box, which makes it extremely likely for users to type in<br/>a date in the wrong format (e.g., instead of MM-DD-YYYY, a user<br/>[especially an international one] may input the date as DD-MM-YYYY<br/>or MM/DD/YYYY, etc.). Thus, the 'Injury Date' field is *unsafe* and<br/>conducive to *errors*. Using a calendar interface (like jQuery-UI<br/>Datepicker) for the 'Injury Date' field may solve this problem.

Injury Date 02-16-2012

Minor In the "Create a New Athlete" form, there is a discrete set of options for the 'Height' drop-down menu (see below), but athlete heights range a continuous spectrum (e.g., if an athlete is 5'2¾"). Athlete heights can also be under 5'0" and over 6'10" – which the current drop-down menu does not support. Thus, the 'Height' drop-down menu violates *user control and freedom* since it unreasonably constrains what the user can or cannot input into the 'Height' field.

Height	5'0" -
	5'0"
Weight	5'2"
weight	5'4"
	5'6"
metown	5'8"
metown	5'10"
	6'0"
Injury	6'2"
ingui y	6'4"
	6'6"
Jrv Date	6'8"
	6'10"

MinorIn the "Create a New Athlete" form, there is a discrete set of options<br/>for the 'Weight' drop-down menu (see below), but athlete weights<br/>range a continuous spectrum (e.g., if an athlete is 177 lbs). Athlete<br/>weights can also be under 100 lbs – which the current drop-down<br/>menu does not support. Thus, the 'Weight' drop-down menu violates<br/>*user control and freedom* since it unreasonably constrains what the<br/>user can or cannot input into the 'Weight' field.

Weight	100 📕
	100
metown	110
metown	120
	130
Iniury	140
,,	150
	160
ury Date	170
	180
	190
be Injury	200
	210
	220
	230
	240
	250
	260+

MinorIn the "Create a New Athlete" form, the options for the 'Sport' drop-<br/>down menu (see below) are not ordered in any obvious way (e.g., the<br/>options are not ordered alphabetically nor with all men's sports first<br/>and then all women's, etc.). This makes traversing the options for the<br/>'Sport' drop-down menu *inefficient* since finding the right sport<br/>requires, in the worst case, a full scan of the options list.

Men's Basketball Women's Basketball	Women's Basketball			
Women's Basketball	٦			
Height				
Men's Lacrosse				
Women's Field Hockey				
Weight Men's Track and Field				
Women's Track and Field				
Men's Football				
metown Women's Rugby				

# **Minor** In the "Injury History" widget of an athlete's page (see below), there ought to be a way to more *efficiently* find *just* an athlete's healed injuries or *just* an athlete's minor injuries, etc. Currently, finding an athlete's injuries of some given status requires a full scan of the history. One solution to this is coloring each row of the history a different background color depending on the status (healed could be green, minor aggravation could be yellow, etc.).

Program Injury Histor	y Athlete Progress	
Date	Injury	Status
April 12th, 2013	Torn Achilles Tendon	Beginning Rehab
January 3rd, 2013	Concussion	Healed
August 14th, 2012	Sprained Right Wrist	Healed
June 19th, 2012	Chin Laceration	Healed
September 8th, 2011	High Ankle Sprain - Left	Minor Aggravation

### Minor

Clicking on the "Select Different Body Area" tab in the "Current Program" widget on an athlete's page when the menu options are a bunch of different body areas causes the menu to switch to the exercises related to, what appears to be, the most recently selected body area (see below). But this isn't clear to the user because by clicking "Select Different Body Area", the user hasn't selected a body area. It's not clear to the user that the "Select Different Body Area" tab behaves like a toggle. Fixing this problem enhances *learnability* since it ensures that the user model of the "Current Program" widget aligns more closely with the application's System Model.

(	Current Program	Injury History		Select Different Body Area Q
	Select Differen	nt Body Area Q		<b>One-Legged Squats</b> Difficulty: Easy
	Knee			Side Squats Difficulty: Easy
	Quad			Quadricep Stretch Difficulty: Easy
	Ankle			Wall slide
	Shoulder			Difficulty: Easy
	Calf		$\rightarrow$ click "Select Different" $\rightarrow$	Hamstring Curls Difficulty: Easy
Mine	or	There is no application application reach the ho navigation b	way to directly navigate from an s home page in one click. This cr by increasing the number of step ome page. Putting a "Home" opti oar (see below) is one solution to	n athlete's page to the reates <i>inefficiency</i> in the ps the user has to take to on in the application's o this problem.
EA	SY TRANER	}		Athletes - Sign Out
Mine	Dr	The "Return below) is no navigation-n "Return Hor it into the to may cause <i>in</i> application" the user init realizes it's alternative u "Home" but	Home" button in the "Create a lot in the navigation bar. Because related links to be in the navigat ne" button in the navigation bar op-right of the form) violates the <i>nefficiencies</i> whenever the user a s home page from the "Create a tially checks the navigation bar for not there, and then fishes aroun until stumbling upon the "Return ton to the navigation bar is one s	New Athlete" form (see a user would expect ion bar, <i>not</i> including the (and instead embedding user's expectations and attempts to go to the New Athlete" form (e.g., for a "Home" button, d the page for an n Home" button). Adding a solution to this problem.
		EASY TRAINER	Ati	hletes ~ Sign Out
		Cre	eate a New Athlete Return Home	
Mino	or	On an athlet be retitled to changing the actually doe	e's page, the "Injury Overview" o reflect that the widget concern e title of the widget to more spec s, Easy Trainer's <i>learnability</i> is e	widget (see below) should is the <i>latest</i> injury. By cifically delineate what it enhanced since the user

model of how Easy Trainer functions can more easily align with Easy Trainer's system model.

#### **Injury Overview**

During the Golden State warriors game on 4/12, Kobe sustained a 'pop' sound after cutting to the basket. Bryant asked Barnes if he had kicked him in the leg. When Barnes said he hadn't, Bryant said he knew that a major injury had

Minor"Create a New Athlete" form title (see below) should be changed.<br/>When the user fills out the "Create a New Athlete" form, s/he's not<br/>creating a new athlete but simply adding a new athlete to Easy<br/>Trainer's database (an act reflected in the "Add Athlete" button at the<br/>bottom of the form). By changing the title of the form to be more<br/>consistent with what the user is actually doing when s/he fills out the<br/>form, Easy Trainer's *learnability* is enhanced since the user model of<br/>how Easy Trainer functions can more easily align with Easy Trainer's<br/>system model.

# **Create a New Athlete**

## Cosmetic

The font type used for Easy Trainer's title (see below) should be changed to something more legible for the sake of good *graphic design*. In particular, the "spray-paint" splotches of black over the blue "Easy Trainer" letters make some letters hard to make out (e.g., the 'r's in "Trainer"). In addition, some letters are difficult to make out (e.g., the 'i' in "Trainer") because there's improper *kerning* between the 'i' and the 'n' in "Trainer".



**Cosmetic** When Easy Trainer's home page first loads (see below), there's considerably more blank space toward the top of the page than toward the bottom of the page. This makes the home page look bottom-heavy and, thus, vertically imbalanced—a violation of good *graphic design* principle.



# Cosmetic

The font type for the athletes' names and the sports they play (on the buttons in the application's home page—see below) should be changed to a non-Times New Roman font (preferably a sans-serif font to be consistent with the rest of the application). Using Times New Roman for the font type conveys a lack of "designedness" in your application, thereby violating good *graphic design* principle (as discussed in lecture).

